



Don't forget to visit your benefits site at teamstershcwbenefits.com. It's your one-stop shop, where you can find all your benefits-related information, including eligibility requirements, plan details, important updates, forms and documents, and more. Come check it out by scanning the QR code!



Teamsters Security Fund for Southern Nevada – Hotel and Casino Workers
Trust Administrative Office
2250 S. Rancho Drive, Suite 295
Las Vegas, Nevada 89102

Harvest Your Health

With the changing of the seasons, it's time to bid adieu to the warm days of summer and welcome in the fall. As the temperature cools, we quickly approach a seasonal peak of cold and flu activity, so it's best to prepare yourself by staying on top of your health. In this issue, we'll provide you with wellness and benefit reminders so you can keep yourself and your loved ones safe and protected from viral illnesses. **Remember:** You can find further details in your **newly updated** Summary Plan Description (SPD) or on our benefits website at teamstershcwbenefits.com.



Wellness Clinics Now Open!

In our summer 2024 newsletter, we mentioned our new partnership with Marathon Health to help bring low-cost health care near you. We're proud to announce the opening of two new wellness clinics in the Las Vegas area, available to visit now! Marathon Health offers personalized and confidential care for all eligible Teamsters members and your covered dependents at no additional cost.

That's right—you pay nothing to receive quality, advanced primary health care that provides comprehensive services for you and your family, including:

- Primary and preventive care
- Urgent care
- General wellness
- Labs, immunizations, and tests
- Mental health support
- Condition management
- And more!

Marathon Health works to redefine primary health care by tailoring to your needs and enhancing your experience. Get same-day or next-day care when you visit one of our two locations and meet with providers who'll spend quality time understanding and determining what solutions best fit your unique health care needs. Can't make it to one of the locations? No problem! Marathon Health also offers virtual care options for common health issues, including cold and flu, or to help better coordinate in-person care needs.

To take advantage of this new health care opportunity and visit one of our locations below, you must first register at marathon.health to access your patient portal and make an appointment. You can also download the Marathon Health app from the [App Store](#) or [Google Play](#) to gain access to health records, have secure interactions with your care team, request prescription refills, and more, all available 24/7.



Choose from one of the locations below when booking your appointment:

6275 Centennial Center Blvd.
Las Vegas, NV 89149
702-757-1781

7399 South Jones Blvd., Suite 3
Las Vegas, NV 89139
702-757-1781

Good Health Is in Sight

When it comes to your vision, it can be easy to underestimate its importance. That's why it's important to receive routine care by getting regular vision exams. According to studies, maintaining good eye health is a key component in helping to avoid severe health conditions, including high blood pressure and diabetes, while also detecting early signs of glaucoma, cataracts, or age-related macular degeneration.

With our vision care benefits, provided through VSP, you gain access to a multitude of exclusive services. As a VSP member, you can choose from a wide variety of providers, receive coverage for frames and lenses, and pay only a \$5 copay for a WellVision Exam once every 12 months. As long as you visit a Premier Edge location, you also have access to the Premier Edge benefit, at no additional cost, which helps you maximize your vision benefits by offering:

- Exclusive discounts
- Advanced exam technology
- A wide selection of frame brands
- And more!

There are thousands of participating locations nationwide, including private-practice doctors and Visionworks retail locations, where you'll find flexible appointment hours and easy scheduling. Time to set your sight on good health by scheduling an appointment today. To find a VSP provider at a Premier Edge location, visit vsp.com and select **Find a Doctor**, or call **800-877-7195**.

